***CASTAWAY RETREATS***

It is time yet again for Fall Retreats. Each year the EAND Synod LYO plans retreats for both high schoolers and middle schoolers. The retreats are held near Detroit Lakes, MN at Young Life's CastAway Club. The retreats offer worship, music and activities all centered around teens and their faith.  
  
Also available at CastAway, a 60 person hot tub, climbing wall, indoor gym, outdoor volleyball and basketball courts, a zip line and a game room that includes pool, ping pong, and foosball. It is always an awesome weekend! Young people from all over our synod attend. 6th -8th Middle School Retreat is Sept 22-24. 9th-12th High School Retreat is Sept 29-Oct 1. Cost is $155/person which includes travel, lodging, meals (excluding Sunday lunch ($10-$15)) activities and a t-shirt. Reminder: Registration paperwork and a $55 deposit are due by 5:00 pm on Monday, September 11.

**Packing:**

 The retreat campus is on the water and we spend quite a bit of time outdoors. There is a 60 person hot tub so a bathing suit, a bathing suit cover-up and towel are needed, if they would like to participate in that activity.

**What to Bring** (all bedding, pillow and bath towels are provided by Castaway)

\*pants \*shirts \*Suitable clothing for Minnesota fall weather

\*swim suit \* swimsuit cover-up \*sweatshirts

\*tennis shoes \*shower shoes \*toiletries \*any necessary medication

\*light jacket \*beach towel \*Bible

\*$10-$15 for lunch in Fargo on Sunday

\*money for offering (Sunday worship only)

\*Optional - $ for additional retreat gear, coffee shop, camp store & soda/candy machines

(change is better than bills for vending machines(located in dorms and game room)) (Camp Store and Coffee Shop located on retreat campus)

**iPods, Cell Phones, Etc - bring all items at your own risk.  Not responsible for lost or stolen items**

Friday: We meet at St John’s Lutheran after school. We will load our stuff, watch the parade and then will leave from there.

Sunday: We will leave CastAway after morning worship. We will stop in Fargo for lunch and plan to be home between 3 and 4. I usually have kids call parents at Valley City, so you have a better idea about when we will arrive in Jamestown.

For our retreat offering, each participant is encouraged to bring a $10 bill to support our ***Hamiltons for Hope*** campaign. This money will be used to provide services for youth in crisis through Youth Works ND.

**Participant Health Form**

Name of Participant:

Date of Birth: Grade in School:

Parent/Guardian:

Home Address:

Family Insurance Carrier:

Policy Holder and Number:

Medical Conditions:

Medication Allergies:

Food Allergies:

Current Medications/Dosages:

Additional Info:

As legal guardian of the participant named above, I hereby give permission for this child to attend this synod youth retreat and be involved in all retreat activities. I also authorize the assigned Eastern North Dakota Synod LYO staff and volunteers to provide emergency medical care should any emergency occur while my child is on this retreat. Furthermore, in giving permission for my child to participate, I agree to pay all expenses resulting from such an emergency and in no way hold the Eastern North Dakota Synod or its staff members/volunteers liable.

Parent/Guardian Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PARTCIPANT COVENANT**

As a participant of the Eastern North Dakota Synod’s youth retreats, I agree to:

\*SHOW RESPECT for myself and all other participants of this event as well as the facility, staff and property.

\*PARTICIPATE in all parts of this weekend,

\*NOT bring or use alcohol or other non-prescribed drugs including tobacco products. CastAway is a tobacco free environment.

\*ABIDE by curfew times and quiet hours,

\*NOT use offensive language,

\*NOT engage in sexual activity.

\*FOLLOW the open door policy which states that visitors of either gender who are attending this youth gathering may visit friends in their rooms during free time if the door to the room is left open and if all roommates agree to the visitor being there.

\*KEEP MY CELL PHONE ON SILENT during all activities and LIMIT MY USE of the cell phone

\*HAVE FUN

The synodically designated adults in charge of the event in conjunction with your congregation’s group leader(s) will make all decisions concerning sending anyone home. If a participant is to be sent home, he or she will be financially responsible for any costs incurred.

I agree to live in this covenant for this event. I understand that there are consequences if I choose to break this covenant.

Participant Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_