

BOND



Trinity Lutheran Church

523 4th Ave. SE, Jamestown, ND

March 2024 Vol. 21 Issue 3



Therefore,

THE PROMISE COMES BY FAITH,
SO THAT IT MAY BE BY GRACE
AND MAY BE GUARANTEED
TO ALL ABRAHAM'S OFFSPRING.

ROMANS 4:16, NIV

Holy Week Worship

Palm Sunday

March 24 8:30 & 10:45 am

Maundy Thursday

March 28 7:00 pm

Good Friday

March 29 7:00 pm

Easter Sunday

March 31 8:30 & 10:45 am

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I Am a Lutheran



Kaylee Erickson

I was baptized and confirmed at St. John's. When I went to college in Grand Forks I participated in Chi Alpha, a Christian campus ministry program. I'm still a student, taking classes at UJ and I work at Plantation Coffee House and at TRAC.

I found my faith after I left Jamestown and went to college. I felt lonely after moving and got connected with a faith community. It was there that I truly claimed my faith for myself. I made it through confirmation and finished High School with no real sense of belief in God or connection to religion.

I'm studying physical therapy and I am learning so much about the health care system and insurance companies and pharmaceutical companies. I'm fighting for health care. As I train to be a physical therapist, I've become more aware of how systems are set up. I expect to be fighting for affordable access to care in the years to come. My favorite Bible stories are those that highlight aspects of God's love. I especially like stories about those acts of caring like healing stories and stories about people encountering God in hard times.

I believe that everybody deserves to feel love and happiness in this life. People should feel fulfilled in what they are doing. I pray that everyone in my life will find happiness and also that I get good grades this semester. I struggle with self doubt and questions about where my life will lead me, and sometimes school. I feel that I really shouldn't have the power to change anything that I want to. That is too big of a decision. But if I could think really big, it would be to end world hunger and give peace.

For me music is everything. I listen all of the time. I especially like early 2000's pop and rap. I love traveling and appreciate seeing the different ways that people live and different cultures. It is really interesting to see the unique aspects of people's lives. I like to see new things, things that I don't really see in North Dakota.

I'm a Lutheran for no particular reason. I was born into it.

Serving regularly at Come to the Table on Tuesday nights has opened my eyes to every different type of person in Jamestown. It has helped me appreciate the things that I have. I see people with disabilities, who can't easily get into or out of cars, people with addictions, and people who are homeless.

People are surprised that I don't like pizza or candy or pop (but chocolate doesn't count).



Small Changes



When I was on Sabbatical in 2022 I read the book “Tiny Habits” by BJ Fogg. It was all about making small changes to improve your life. The argument was that people make their goals too big, too demanding, and too strict. The key to success when you’re making changes is to set small, easy goals. Instead of saying, “I will floss twice a day everyday from now on” a better goal is, “I will floss one tooth once every day.” That goal is so possible that it’s easy to succeed (and hard to fail).

In the season of Lent we often set goals for ourselves. As a part of our Lenten discipline we choose to give something up or start doing something beneficial. This tradition comes from our understanding that Lent, as the invitation to Lent from the

ELW (Evangelical Lutheran Worship) states, “is a time for self-examination and repentance, prayer and fasting, sacrificial giving and works of love”. Somehow that often translated to giving up chocolate or caffeine or watching less TV. Yet the action without connection to our faith can make the action meaningless.

By the time this article is published we will be roughly 2 weeks into the season of Lent. Two weeks in, many of us have given up our Lenten disciplines. Maybe they were too difficult, too broad, or too easy to forget. Some of us never started anything. The good news is that it’s not too late to do something during this season that helps you to connect with God, helps you to deepen your faith, or shows your love for your neighbor. You could read one chapter of the book of Acts (or another book of the Bible) each day to better connect with our Lenten theme of being Altered by the Spirit (to make it easier you can listen using the free audioBibles on Bible Gateway.com). You could calculate the total of all your coffee (or other guilty pleasure) purchases in Lent and give that same sum to a food bank or favorite charity. You could pray every time you stop at a stoplight or every time you hear a siren. You could find small ways to show your love each day to the people in your life (a small note in a lunchbox or on the mirror for example). Choose to act or speak kindly to a stranger each day. You could give up some small convenience in order to benefit the earth (take a reusable shopping bag into the store or use a reusable straw instead of plastic).

Choose something small and easy to do. Choose to act with intention. Find ways to connect what you do to your faith. Then when the season is over, look back and reflect on how this new habit has changed you for the better. Perhaps you will choose to carry on! These small actions can help us to live out our gratitude for God’s grace. They can help us to live out our discipleship. Small changes can make us feel empowered to grow and change into the people God has called us to be. The invitation for “self-examination and repentance, prayer and fasting, sacrificial giving and works of love” can extend beyond this Lenten season and into our daily lives. May you feel inspired to change in small ways that make a big difference in your life and in the world.

Blessings,
Pastor Susan Haukaas

Christians in Action Ministry

What is happening in the background?

Now that all 8 congregations have approved the incorporation of Christians in Action Ministry as a separate non-profit corporation, our congregations are entering a time of filing the appropriate paperwork. Synod Attorney Murray Sagsveen of the Western North Dakota Synod is helping with that process.

- 1) Articles of Incorporation and Bylaws are being filed with the Secretary of State of North Dakota. These are the documents approved by the congregations at annual meetings.
- 2) Applying for a Tax ID number with the IRS. This number will allow Christians in Action Ministry to open financial accounts in its own name and have an identity that is separate from individual member congregations.
- 3) Applying to be part of the Group Non-profit Exemption of the ELCA. Each of the individual member congregations is already part of this group exemption. The founding documents have been set up in a way that should make this step less complicated.

What is happening in the foreground?

- 1) A leadership retreat is being planned for members of the councils, board, and existing call committee (Atonement and South: Zion, Montpelier, Christ the King, and Emmanuel) along with the ministers serving these congregations. The retreat seeks to build relationships among the lay leaders and to help increase the number of people who have an updated working knowledge of the goals we share. More than half of the current council members are new in their roles since the discernment process began in November 2021. Three new staff members (Pastor Stephanie Gossett, Deacon Tara Longden, and Vicar Andrew Stephens) have also joined Christians in Action Ministry.
- 2) Worship during Lent explores the theme: Altered by the Spirit. Each congregation has an approach to this theme on Sundays and/or Wednesdays that is appropriate for their setting. Daily devotion resources are available at NDChristiansAct.org so people can explore this theme more deeply on their own.
- 3) Monthly events for youth are planned for March 10 and April 26. Deacon Tara Longden (who got married January 26th!) is working with the seniors from Jamestown High School who are planning their Baccalaureate service for May 15th. Youth who are attending the ELCA Youth Gathering also meet monthly to prepare for this experience together.

Congregations participating in Christians in Action:

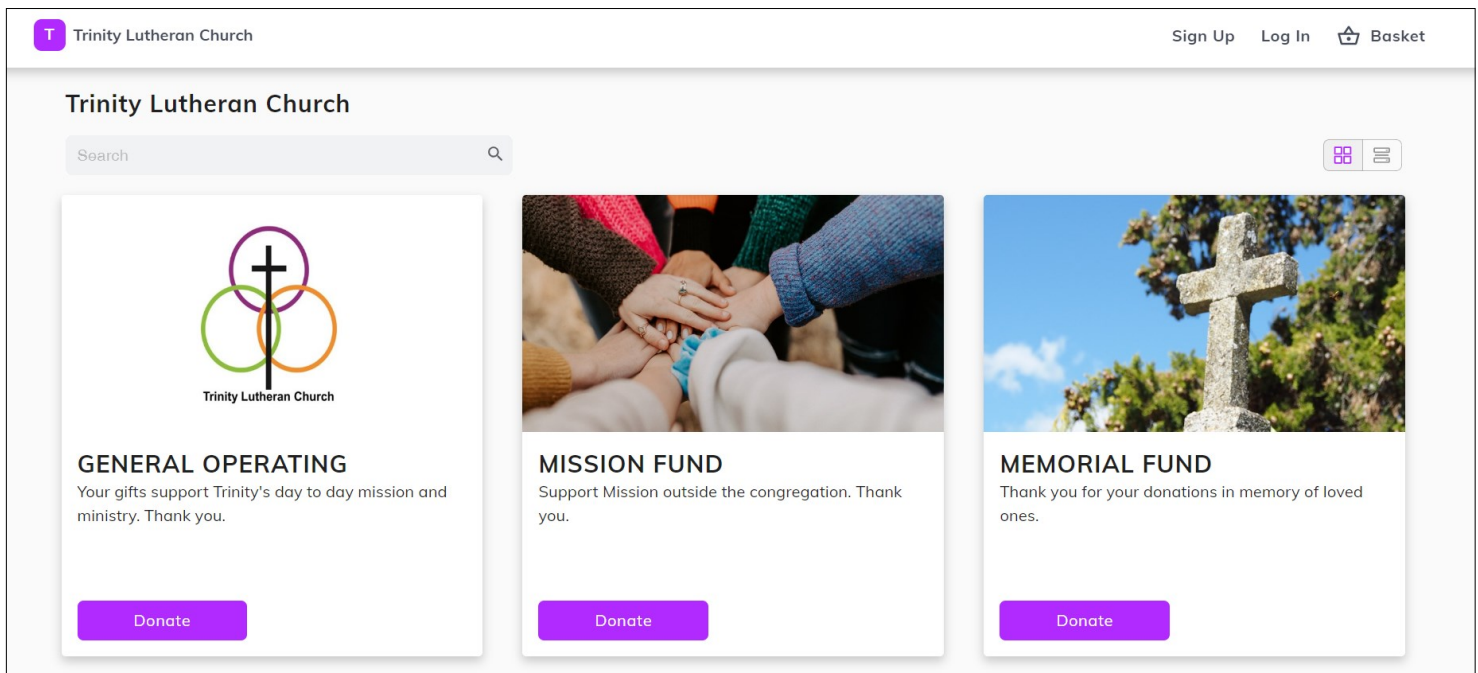
Atonement, Jamestown
Montpelier, Montpelier

Christ the King, Ellendale
St. John's, Jamestown

Emmanuel, Gackle
Trinity, Jamestown

English, Medina
Zion, Kulm

Trinity's New Look for Online Giving

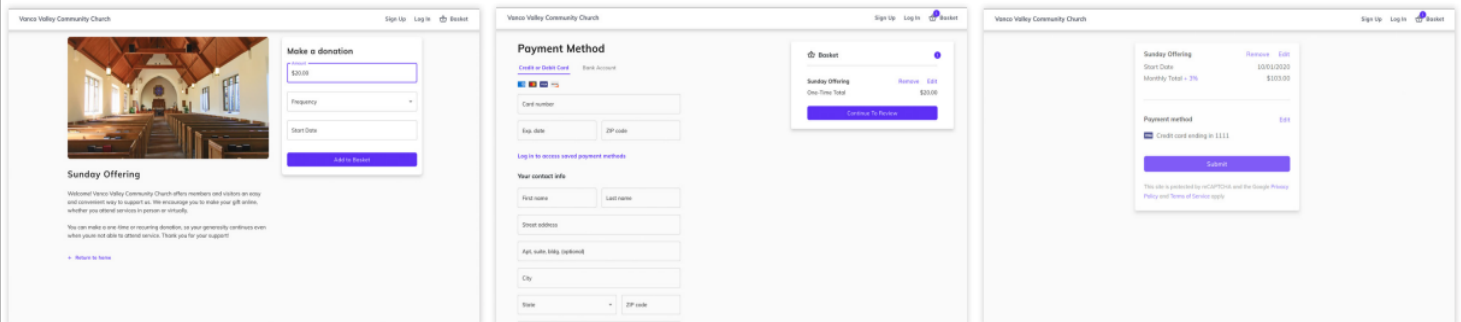


Trinity's online giving page has a new look. The options for giving remain the same, but look different. If you currently have a recurring donation, that information and your log in remain the same.

The page is at TrinityJamestown.com then click "Give Online" Thank you for your generosity.

HOW TO USE VANCO ONLINE

Support seasonal and year-round missions, make one-time gifts or set up recurring donations online.



1 Select Your Funds and Amount

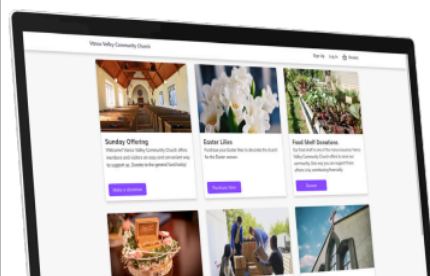
Select your fund and click the **Donate** button. Next, choose a donation amount and frequency, then proceed to payment.

2 Enter Payment Method

Enter your credit card, debit card or bank account information. Sign up for an account to save your information for future donations.

3 Complete Your Donation

Review and complete your gift by clicking Submit.



Vanco Online Account Features

From your Vanco Online account, you can review your giving history, manage recurring donations and update payment information.

Faith in Action



Hues of purple, green, and gold covered the city of New Orleans. A sure sign that Mardi Gras and Fat Tuesday are soon upon us. In fact, there were several parades taking place the weekend we were there. I attended the Krewe of Chewbacchus parade on Saturday evening which includes floats that are sci-fi related and everything in between.

During the ELCA Youth Ministry Extravaganza, I along with some friends participated in a Gathering scavenger hunt where we explored all the places we will be at this summer for the ELCA Youth Gathering. We walked along the river, checked out the Hilton New Orleans Riverside where our group will be staying this summer, and went into the convention center. The youth attending the Gathering will get to participate in a very similar scavenger hunt during the Gathering so they can learn more about the city of New Orleans too.

At the Extravaganza, I also participated in workshops on icebreakers, writing great children's sermons, and learned more about the Faith Formation Co-op. We also heard from many great speakers on the main stage. There was an excellent video explaining what the tAble is and how youth can benefit from attending a pre-Gathering event like the tAble. (tAble is specifically for youth who live with a wide range of physical, cognitive and emotional disabilities.)

One of the highlights of the event was getting to witness a screen reading of the play "Jabari's Dream of Freedom" written by Nambi E Kelley. It is a powerful story of a young Chicago boy learning about the Civil Rights Era through a dream.

The Extravaganza is also a wonderful opportunity to network and learn about partner ministries throughout the ELCA. Many of our camps, publishing houses, campus ministries, and so much more were represented at the "E".

One of my favorite things about New Orleans is the music which was displayed throughout the worship at the Extravaganza. The worship band led us in such beautiful music telling the story of New Orleans and so much more. New Orleans is also known for their fantastic food and culture. We ate everything from jambalaya to red beans and rice with alligator sausage to scrumptious mouth-watering bread pudding to delicious desserts. I cannot wait for the youth to experience the beauty of this city when we head back there in July.

The Extravaganza is a terrific opportunity to learn and grow in your ministry as a youth leader. It is also a great place to connect with other youth leaders. Some of my dearest friendships were started and fostered through the Extravaganza and the ELCA Youth Ministry Network.

I hope that next year I am able to take some of our local youth leaders throughout the partnership with us to Louisville, Kentucky. The 2025 Extravaganza is to be held January 23rd-26th. I am excited to announce that well-known Christian musician Jennifer Knapp will be one of the musicians for the event.

Deacon Tara Longden

Story of Impact

Community Support and Hospitality

A collapsed roof is never something we want to face. This is especially true when that roof covers a building used daily to provide a place of respite and learning for over 50 individuals. Unfortunately, at the end of January, this was the situation the people of Triumph Inc. had to face. There was no way they could continue business as usual in their building until the roof was fixed.

Triumph Inc. is a local organization in Jamestown that works with people with a variety of disabilities. Their mission is to assist individuals in achieving their personal goals through career development, residential and day development. Most individuals come to Triumph during the morning to get ready for their work day. Then they return in the afternoon to hang out until it is time to head home for the day. Many of the members have found good friends at Triumph, and enjoy having a safe place to spend time together during the week.

When the roof collapsed, the director of Triumph reached out to St John's Lutheran Church requesting space, and St John's was happy to offer their fellowship hall. The arrangement has worked out nicely. It is unusual to have so many people coming in and out of the church building on a regular basis, but definitely a welcome change of pace. We pray that their roof repairs go smoothly, so their life can return to its normal rhythm soon, but are thrilled to host the people of Triumph until that time. Current repair estimates are for mid-March.



Young at Heart will be going to Shady's for lunch on Monday, March 11 at 11:30 am. All seniors are welcome!

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Susan Haukaas (320-1446)..... Associate Pastor
Andrew Stephens (701-578-2449)..... Intern Pastor
Tara Longden(659-1226)Director of Children, Youth
and Family Ministries
Dr. Anne Gassmann Trinity Choir Director
JoLynn Schumaker (320-8216) Director of Stepping
Stones
Lynette Berry (320-5707).....Faith Quest Administrator
Meggen Henke..... Administrative Assistant

Council Highlights—Monday, February 12, 2024

Present: Shawn Banet, Greg Ulland, Mindy Skunberg, Jacob Limke, Nick Fettig, Heather Rostenbach, Joni Zink, Jay Kruger, Mary Craft (Zoom), Pastor Susan Haukaas, Pastor Kristi Weber; Chris Flann guest

Minutes: minutes of the January 15, 2024 meeting were approved.

Treasurer's Report: Financial report for January 2024 will be emailed. (Arrived shortly before the meeting.)

ACTION ITEMS

- 1) Appointed Jay Kruger and Heather Rostenbach to serve on Council until next annual meeting. Both eligible to be elected for terms ending January 2027.
- 2) Elected officers: Greg Ulland, President; Shawn Banet, Vice President; Mindy Skunberg, Secretary; Jacob Limke Treasurer.
- 3) Approved updates to authorized signers for financial accounts.
- 4) Accepted resignation of Wendy Thompson, Pastoral Assistant, with regret.

Next regular Council meeting: Monday, March 18, at 7:00 pm in person

2024 COUNCIL MEMBERS (Telephone)

Greg Ulland, President 701-330-2015
 Shawn Banet, Vice-President 701-739-8872
 Mindy Skunberg, Sec. 269-2805
 Jacob Limke, Treasurer 701-212-3324

Mary Craft 252-9086	Amy Joseph 269-9344
Nick Fettig 659-1163	Joni Zink 320-1015
Nathan Steele 269-2811	Jay Kruger 952-8620
	Heather Rostenbach 218-205-4309

COMMITTEE/TEAM CHAIRS (Telephone)

Altar Guild.....	Ardell Quigley (952-5062)
Boy Scouts.....	Aaron Motter (952-3428)
Education.....	252-2841
Fine Arts.....	252-2841
Library.....	252-2841
Memorial.....	Peg Beckman (252-1896)
Men of Trinity.....	Randy Lebahn (952-8337)
Outreach.....	Shirley Driessen (952-2519)
Parish Care.....	Ruth Urdahl (952-1733)
Property & Management.....	252-2841
Selma Alexander/Trinity Foundation.....	Bob Toso (252-5027)
Stephen Ministry.....	252-2841
Women of Trinity.....	Ruth Urdahl (952-1733)
Worship.....	252-2841
Youth.....	252-2841
Church Office.....	252-2841

Financial Snapshot—Trinity's General Fund

Through January 2024

Year to Date Income	\$ 38,458
Year to Date Expenses	<u>-\$ 42,742</u>
Surplus (deficit)	\$ (4,284)

The report received from Tax Forward for January did not show distinctions between receipts for General Fund and Designated Funds. The report that usually shows these distinctions was still forthcoming when the Bond went to print. That information will be included in the year to date information shared when the February reports are received.

Some checks cut in January were not mailed until February so that cash in the bank would cover the expenses. Generous donations in February have helped increase the available cash to pay expenses as they arise. Thank you for your generosity.



Weekly Themes

Lent is often a time of self-reflection, spiritual discipline, commitment, and community. This Lent with resources developed by Church Anew, congregations of Christians in Action join with others in the Eastern North Dakota Synod to look at a kaleidoscope of stories from the Book of Acts on Wednesdays, with Revised Common Lectionary suggestions that pair directly with the theme for Sundays. We'll see the ways the Spirit alters our perspective, transforms our communities, and consistently blazes a trail ahead of us.

We'll catch up with the work of the Holy Spirit, finding ourselves:

Altered in Witness

Altered on the Edge of Belonging

Altered by Disruption

Altered through Stories We Don't Trust

Altered alongside Our Enemies

Altered through God's Creativity

because the Spirit is alive in, with, and under our ordinary lives, always calling us forward into transformation, nudging us into wholeness, and beckoning us forth into an alternative way.

Look for devotional resources at NDChristiansAct.org

Wednesday Bible Study 4:00 pm at St. John's (424 1st Ave S)

Wednesday worship 6:30 pm at Trinity

March 6, 13, 20

Palm Sunday March 24 8:30 and 10:45 am

Maundy Thursday March 28 7:00 pm

Good Friday March 29 7:00 pm

Easter Sunday March 31 8:30 and 10:45 am

Worship on FM radio

If you are having trouble with the reception on 1400 AM for the radio broadcast of the 8:30 am Sunday worship, try 107.1 FM to get better reception.

Altar Flowers

- + 3/3/24 by by Greg Skjerva in memory of Jerry Skjerva
- + 3/10/24 by Renea Dalbol in honor of Andy & Bob's birthdays
- + 3/17/24 by Nicole Stevahn in memory of Jade Lautt
- + 3/24/24 by Mike & Linda Guthmiller
- + 3/31/24 by Beth & Scott Fritz

Altar Candles

- + 3/31/24 by Beth & Scott Fritz

Radio

- + 3/17/24 by Joyce Mueller in memory of Gladys Nelson

Livestream

- + 3/3/2024 by Judy Brueske



Trinity's new railings were installed in February. Thank you to everyone who donated to the RENEW Campaign for your support for this renewed entrance to the sanctuary.



Blanche Johnson: Donna Gullickson, Ardell Quigley, Marlyn Swanson

Rick Lebahn: Alaine & Bob Toso

Grace Vannett: Donna Gullickson, Ardell Quigley

February worship attendance

In person at 8:30 a.m.

February 4 63
February 11 53
February 18 42
February 25 92

In person at 10:45 a.m.

February 4 75
February 11 60
February 18 57
February 25 53

YouTube views

Sunday 10:45 a.m.

February 4 39
February 11 27
February 18 60
February 25 19

Wednesday Lent in person

February 14 105
February 21 89

Lent YouTube views

February 14 24
February 21 26

Sponsorships for 2024 are available. Please call the church office or check the sign-up sheets in the Narthex for the dates you would like to sponsor these items. The cost is \$15 for candles, \$35 for flowers, \$100 for the radio broadcast, and \$100 for the livestream. It is a nice way to honor or memorialize a loved one.

Many dates are available throughout the year.



† 2/10/24 Millie Zenker (Emmanuel Lutheran)

† 2/26/24 Laurie Mosolf



SUN	MON	TUE	WED	THU	FRI	SAT
<p>3 8:30am Worship with Communion 9:30am Faith Quest 10:45am Worship with Communion</p> <p>No Faith Quest</p>	<p>4 5:30pm Open Play 6:00pm Handbells</p>	<p>5 10:00am Staff Meeting-Atonement 2:30pm Text Study 7:00pm Troop Parent Meeting</p>	<p>6 8:45am Open Play 6:30pm Lenten Worship 7:15pm Lenten Conversations 7:20pm Choir Rehearsal</p>	<p>7 No School-Spring Break</p>	<p>8 Office Closed No School-Spring Break 8:45am Open Play</p>	<p>9 10:30am Council Retreat in Gackle</p>
<p>10 Daylight Saving Time begins 8:30am Worship 10:45am Worship</p> <p>No Faith Quest</p>	<p>11 9:30am Quilting 11:30am Young at Heart—Shady's 5:30pm Open Play 6:00pm Handbells 7:00pm Boy Scouts</p>	<p>12 10:00am Staff Meeting-Trinity 2:30pm Text Study</p>	<p>13 8:45am Open Play 6:30pm Lenten Worship 7:15pm Lenten Conversations 7:20pm Choir Rehearsal</p>	<p>14 9:30am Altar Guild 12:00pm Jamestown Ministerial 7:00pm Wine & the Word</p>	<p>15 Office Closed 8:45am Open Play</p>	<p>16</p>
<p>17 8:30am Worship with Communion 9:30am Faith Quest 10:45am Worship with Communion</p>	<p>18 5:30pm Open Play 6:00pm Handbells 7:00pm Boy Scouts 7:00pm Congregational Council</p>	<p>19 10:00am Staff Meeting-Atonement 12:00pm Grace Circle 2:30pm Text Study</p>	<p>20 Bond Deadline 8:45am Open Play 6:30pm Lenten Worship 7:15pm Lenten Conversations 7:20pm Choir Rehearsal</p>	<p>21 10:30am Ave Maria 1:00pm Jamestown Conference</p>	<p>22 Office Closed 8:45am Open Play</p>	<p>23</p>
<p>24 Palm Sunday 8:30am Worship 9:30am Faith Quest 10:45am Worship 1:00pm Rock of Ages</p>	<p>25 9:30am Quilting 5:30pm Open Play 6:00pm Handbells 7:00pm Boy Scouts</p>	<p>26 10:00am Staff Meeting-Trinity 2:30pm Text Study</p>	<p>27 8:45am Open Play 7:00pm Choir Rehearsal</p> <p>No Class/No Worship</p>	<p>28 Maundy Thursday 7:00pm Worship</p>	<p>29 Office Closed Good Friday—No School 7:00pm Worship</p> <p>Stepping Stones Closed</p>	<p>30</p>
<p>31 Easter 8:30am Worship 10:45am Worship</p> <p>No Faith Quest</p>						<p>Deacon Tara has office hours at Trinity on Mondays and Wednesdays from 10:00am to 4:00pm.</p>

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Jamestown, ND 58401
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Trinity's Purpose:

Connect with God and with each other.
Share God's good news with all.



Worship at Trinity

Sundays 8:30 am (radio and in person)
Sundays 10:45 am (in person and online)
Lenten Worship - Wednesdays at 6:30pm
Maundy Thursday—March 28 7:00 pm
Good Friday—March 29 7:00 pm
Easter Sunday—March 31 8:30 and 10:45 am